

## Bent Mountain—Cahas Mountain

Left on 221 out of Cavespring Jr High

Left on Poages Valley Rd

Left on Dawnwood Rd

After crossing under the Parkway take path onto Parkway and head South(left)

We will regroup at Slings Gap Overlook at the top of Bent Mountain

Take exit to 221

Left on 221 for a very short distance

Left on Calloway Rd.

Left on Gap Gate Rd.(there are two silos here)

Left on Bethany Rd.

Left on Dugspur Rd.

Left on Dillions Mill Rd.

Right on Wades Gap Rd.(There is a Church here)

Left on Naff Rd.

Left on Merriman Rd.(at stop sign)

Left on Crystal Creek Rd.

Right on 221

221 to Cave Spring Jr. High school